

Core Knowledge - Must know	Good to know
Religions can help people to live, even when times are tough, e.g. through prayer, giving a sense of purpose, a guide to deciding what is right and wrong, membership of a community who care for each other, opportunities to celebrate together.	Many Christian's believe that God's judgement is a process that ends in a decision about whether a person is worthy of his reward (Heaven) or not (Hell). Some Christians believe that God judges each soul as soon as a person's body dies.  In Christianity, <a href="mailto:salvation">salvation</a> (also called deliverance or redemption) is the "saving [of] human beings from sin and its consequences.
Most religious traditions teach about some form of life after death, which can bring comfort to people as they face suffering, or if they are bereaved.  Some people believe that death is the end of life, and that there is no afterlife.	Most Hindu's believe that <u>Karma</u> is a cycle of birth, death and rebirth, with our actions in this life, our "karma", affecting our future incarnations. Kindness leads to good karma, whilst selfishness leads to bad karma. The soul may be reincarnated thousands of times.
Life after death  Many Christians believe that those who believe in Christ and live good lives will be given eternal life in Heaven. Heaven is an eternity in the presence of God and the ultimate aim for all Christians in order for their soul to be reunited with God and united with Christ.	Many Hindu's believe that the <u>soul</u> is immortal and on the death of the body it transmigrates to a new life on earth. Atman is a Hindu word that means 'soul or spirit'. Essentially, it refers to the real person inside an individual. It is made of part of the spirit of Brahman , who Hindus believe is the one true ultimate God. Therefore, it is not something that can be seen or touched, but it is eternal and everlasting
Many Hindus believe in reincarnation; the belief that when someone dies, the soul is reborn as a different form.	Most Hindus believe in reincarnation, and they call this process <u>samsara</u> . This is the belief that there is a cycle of rebirth of the soul. This occurs repeatedly. However, the actions of a person in their mortal life determine their incarnation (ie how they will be reborn) in the next.
Most humanists believe there is not a life after death.	Moksha is the end of the death and rebirth cycle and is classed as the fourth and ultimate artha (goal). It is the transcendence of all arthas. It is achieved by overcoming ignorance and desires.

**Vocabulary** Afterlife - life after death