| **Core Knowledge (Need to Know)** | **Vocabulary**  |
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| To be able to move and balance in different ways.  |
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| To move on, over and under equipment. |
| To play imagination games. |
| To move into space. |
| To take part in races and tag games. |
| Head up to look where you are going. |
| Move carefully around the space avoiding other children.  |
| Look to move into space when moving around areas. |
| Keep your head and neck very still and straight to avoid dropping anything.  |

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| Control | In command of what you are doing.  |
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| Coordination  | Using your body effectively.  |
| Movements | Moving around.  |
| Slow/Fast | How quickly you need to go.  |
| Space | An area where you can’t touch anything.  |

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