| **Core Knowledge (Need to Know)** | **Vocabulary** |
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| | To hold and move with a rugby ball:  Hold the ball with two hands. Hold the ball with the fingers pointing down towards the ground. Use the fingers and thumbs to get a better grip of the ball rather than flat palm | | | --- | --- | | To pass the ball:  Two hands to throw. Ball to hip first, throw the ball with the arms finishing in front of the chest. | | | To catch the ball:  Hands up ready to receive the ball. Make a **W** shape with two hands - thumb ends touching. Keep your eyes on the ball. | | | To play tag games. | | | When scoring a try, the ball must still be in the players hands when it touches the ground. Push it down, **do not throw it.** | | | You must pass the ball backwards. | |   **Good to Know**   | If the ball is dropped the best thing to do is pick it up and carry on. | | --- | | Rugby is a team game; you must encourage each other. | | | Rugby | The name of the sport | | --- | --- | | Tag | To remove the ‘tag’ from another players belt | | Pass | To give the ball to a teammate | | Attack | To try and score with possession of the ball. | | Defend | To try and stop opponents scoring with the ball. | | Mark | To track another player to inhibit them. | | Dummy | To fake a pass with the ball. | | Try | Placing the ball on the floor in the opposition's end area. | |