| **Core Knowledge (Need to Know)** | **Vocabulary** |
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| | To react quickly travelling to a shuttle (<https://youtu.be/QheIIe4SlEY> ) | | --- | | To move quickly to get into good positions | | To be confident to play different shots | | To play shots appropriate to the situation | | To play shots accurately | | To compete against others knowing when to attack and defend |   **Good to Know**   | Volleyball Rules Objective   Volleyball is a game played by two 6-player teams.  The teams line up on opposite sides of a net, and the object is to send the volleyball over the net within the court boundary lines so that the opposing team is unable to return it before it hits the ground. Any part of the body above the waist can be used to hit the ball. | | --- | | Positions There are 6 rotational positions on the court. Before the ball is served, players must line up in two rows with 3 players in each row.  Once the ball is served, players may move anywhere on their own side of the net.  When there is a change of service, team members on the serving team rotate one position clockwise before serving.  The order of rotation must stay constant for each set, but it may be changed before a new set begins.  Before each serve, players on both sides of the net line up in each of the 6 rotational positions. Once the serve is in the air, players are free to move into their specific player positions  ﻿There are 5 player positions:   1. **Setter**– Runs the team's offence. Tries to make second contact with the ball and set it high in the air for the attackers to get a good, strong hit. Line up on the right front or right back of court. 2. **Libero**– Specialized defensive player whose job is to return spikes and serves. Subs in for anyone in the back row and must remain in the back row without rotating like the rest of the players. 3. **Middle blocker** (middle hitter) – Primary blocker and decoy hitter. Plays in the middle, front row. 4. **Outside hitter** (power hitter) – Most dependable hitters on the team that receive more sets than other players. Line up on left side of the court on the front and back row. 5. **Opposite hitter** (offside hitter) – Defensive blocker and backup setter. Plays on the right side of the net on the front row. | | Scoring If a team fails to return the ball correctly over the net, a fault is recorded against it. If the team is serving, it loses the service. This is called "side-out."  In **rally point scoring**, points can be scored by either team and points are awarded after every fault.  A **set** is won when a team reaches 25 points, but the team has to win by at least 2 points. If the game is tied at 24-24, play continues until one team has a 2-point lead. | |  | | | Ball flight | The balls course before striking the ground. | | --- | --- | | Ready position | The knees are slightly bent with hands at waist level and elbows near the body allow the player to concentrate on the ball | | Catch | Intercept and hold | | Control | be in charge of how the ball will respond | | Throw | pass the ball using your arms | | Aim | To point or direct the ball to where you want it to go | | Accuracy | To be correct or precise | | Power | move or travel with great speed or force | | Speed | move quickly | | Direction | Where you plan to go | | Tactics | A strategy carefully planned to achieve a specific end | | Successful | accomplishing a desired aim | |